



## Dolch High Frequency Word List

The Dolch High Frequency Words are the 220 most frequently found words in the English language. In 1948, Dr. Edward William Dolch listed the 220 high frequency words in his book *Problems in Reading*, published by The Garrard Press.

Pupils who learn the 220 Dolch high frequency words have a good base for beginning reading. Many of these words cannot be sounded out because they do not follow decoding rules. These words must be learned as sight words. Many pupils do not need extra practice with the Dolch words, as they learn them by reading them repeatedly in context. The learning of the Dolch words in isolation does not make a "reader." Sometimes a pupil can read the words from a list and not recognize the same word/s in a book or story. So ~ consider the Dolch List to be a supplement to strong balanced reading program. The Dolch List can help to boost a pupil's motivation and confidence.

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The Dolch High Frequency Words are the 220 most frequently found words in the English language.

## List 1

Week 1	<b>the</b>	<b>I</b>	<b>was</b>	<b>for</b>	<b>to</b>
Week 2	<b>you</b>	<b>said</b>	<b>on</b>	<b>and</b>	<b>it</b>
Week 3	<b>his</b>	<b>they</b>	<b>he</b>	<b>of</b>	<b>that</b>
Week 4	<b>but</b>	<b>a</b>	<b>in</b>	<b>she</b>	<b>had</b>

## List 2

Week 1	<b>at</b>	<b>look</b>	<b>out</b>	<b>we</b>	<b>him</b>
Week 2	<b>is</b>	<b>as</b>	<b>am</b>	<b>with</b>	<b>her</b>
Week 3	<b>be</b>	<b>then</b>	<b>up</b>	<b>there</b>	<b>have</b>
Week 4	<b>little</b>	<b>all</b>	<b>some</b>	<b>go</b>	<b>down</b>

## List 3

Week 1	<b>do</b>	<b>what</b>	<b>get</b>	<b>my</b>	<b>can</b>
Week 2	<b>so</b>	<b>them</b>	<b>would</b>	<b>could</b>	<b>see</b>
Week 3	<b>like</b>	<b>me</b>	<b>when</b>	<b>not</b>	<b>one</b>
Week 4	<b>will</b>	<b>did</b>	<b>were</b>	<b>this</b>	<b>yes</b>

## List 4

Week 1	<b>big</b>	<b>now</b>	<b>very</b>	<b>wide</b>	<b>went</b>
Week 2	<b>long</b>	<b>an</b>	<b>into</b>	<b>are</b>	<b>now</b>
Week 3	<b>over</b>	<b>just</b>	<b>come</b>	<b>came</b>	<b>your</b>
Week 4	<b>blue</b>	<b>if</b>	<b>ask</b>	<b>its</b>	<b>red</b>

## List 5

Week 1	<b>from</b>	<b>want</b>	<b>put</b>	<b>every</b>	<b>good</b>
Week 2	<b>don't</b>	<b>too</b>	<b>pretty</b>	<b>any</b>	<b>how</b>
Week 3	<b>got</b>	<b>jump</b>	<b>about</b>	<b>know</b>	<b>take</b>
Week 4	<b>green</b>	<b>around</b>	<b>right</b>	<b>where</b>	<b>four</b>

## List 6

Week 1	away	saw	ran	sleep	old
Week 2	call	let	brown	by	after
Week 3	help	yellow	their	well	make
Week 4	five	here	think	going	six

## List 7

Week 1	walk	again	stop	cold	too
Week 2	play	off	today	or	who
Week 3	never	fly	before	been	seven
Week 4	myself	eat	may	eight	round

## List 8

Week 1	tell	first	black	goes	much
Week 2	try	white	write	keep	new
Week 3	ten	always	give	must	does
Week 4	drink	work	start	bring	once

## List 9

Week 1	soon	has	our	warm	made
Week 2	find	better	ate	run	only
Week 3	hold	full	gave	us	buy
Week 4	those	open	three	funny	done

## List 10

Week 1	use	hurt	sit	under	fast
Week 2	pull	which	read	say	cut
Week 3	fall	why	light	kind	carry
Week 4	own	pick	both	small	found

## List 11

Week 1	wash	live	upon	thank	show
Week 2	draw	these	wish	hot	clean
Week 3	sing	many	because	grow	together
Week 4	shall	far	best	please	laugh