



## Making Pressed Plants

Pressed plants are easily made using fresh flowers, leaves or plants. Using heavy books, newspaper and heavy books dried plants can be easily created. The pressed plants can be used to decorate cards, notes, boxes, dioramas, mobiles and candles.

### Objectives:

- Teacher will make pressed plants using available materials from the environment
- Pupils will gain experience in making pressed plants made from local materials in the environment

### Materials:

- fresh flowers, leaves or plants
- heavy books
- newspaper
- white paste
- poster board, heavy paper or card board

### Directions:

1. Gather fresh leaves, flowers and other plants from the fields, wooded areas or sides of the road.
2. Spread newspaper over a wide, hard, and flat surface.
3. Arrange plants, leaves and flowers flat on the newspaper.
4. Cover plants, leaves, and flowers with another piece of newspaper.
5. Place heavy books or other heavy objects over the newspaper.
6. Let plants, leaves and flowers dry for 14 to 16 days.
7. After 14 to 16 days, remove the pressed plants, leaves and flowers from between the newspapers.
8. Use the pressed plants, leaves and flowers and white glue to make a picture or design.
9. Use the pressed plants, leaves and flowers; white glue; and heavy paper, card, chart paper or gift wrap paper to make a decoration, card or wall hanging.



### Variations:

- Make decorated greeting cards.
- Make decorated note cards.
- Make a decorated box.
- Make a stained glass design by placing plants, leaves, and flowers between waxed paper and pressing with a warm iron.
- Make diorama into a nature scene by pasting dried plants, leaves and flowers.